



In 1990, there were 50 centenarians in Singapore. By 2015, that number had multiplied to 1,100 and continues to grow. As life expectancy rises, the ability to live long and well is increasingly linked to a number of lifestyle factors that include our relationships, health and wellness, **financial habits**, and opportunities and attitudes at work. With these factors in mind, The Economist Intelligence Unit surveyed 1,214 of Singapore's residents on their preparedness for longevity. **How ready are they to live to 100?** 

# RELATIONSHIPS

Residents are focussed on family, but less connected to other communities. Diverse relationships are key to living long and well.

# **HEALTH AND WELLNESS**

Residents have the intention to adopt and maintain a healthy lifestyle but, for many, their diet and exercise habits fall short.

### FINANCIAL

Residents have good savings habits but many will still struggle to retire at 62. Older years may need to include extended careers.

#### CARFER

Residents feel they are able and ready to work longer but to do so will require them to be more proactive in seeking opportunities.

# **FINANCIAL**

Singapore's residents are responsible savers.



Only **21%** say they barely save or don't save at all.

In the event of an unexpected illness, loss of job or other shock to their financial system, 2/3 say they'll be able to meet their financial needs.



However, even the most devoted savers will struggle to meet their needs to 100. More than half expect to rely on a continued salary after 62.

To what extent do you intend to rely on the following to support your needs after 62 (1=not at all, 10=rely entirely)?

